Instructions for the Use of the Excel Spreadsheet

There are Four tabs at the bottom of this worksheet



Instructions tab is the one you are reading

Title Tab

The Title Tab is the front cover pages of the Risk Assessment Simply insert your Company Name, Date and Assessor name where indicated Print the front cover once you have completed your Audit Do not enter any data other than Company name, Date and Assessor - the data will copy from the risk assessment details

Audit Details Tab

Read each section and answer the questions Enter Data ONLY in the white coloured boxes for each question Enter a score for each question as indicated If the question is not aplicable score it as max potential score Enter comments in the comments box

H&S Plan Tab

Fill in the relevant boxes in answer to the questions posed

Method Statement Tab

A generic method statement is included

The items highlighted in blue are where you can insert details of Materials, Equipment and Method

This sheet is completely unprotected so that you can edit it for your own particular project

Once complete simply print off both the H&S Plan, Title, Risk Assessment & Method statement pages

Note you may need to change your printer settings

You have now completed your Health & Safety Plan & Risk Assessment

Health & Safety General Plumbing Risk Assessment

Performance Acceptable - no action required
Performance marginal - ongoing action required
Performance not acceptable - urgent action required



General Hazards

Road Safety

Solder Flux

Equipment

Maintenance

Training

Ladders

Scaffolds

Roof Work

Tools and Machinery

Hazardous Substances

Electricity and Other Services

Protecting the Public

Fire

Ventilation

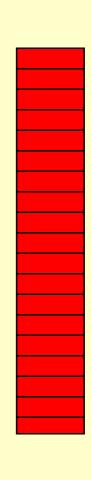
Manual Handling

Hygiene

Accidents and First Aid

Slips & Trips

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Question Make a judgement about your level of compliance against each question. Score 1 for marginal, Score 2 for mostly, score 3 for fully compliant	A Oren.	Score	/ d/	Comments
General Hazards				
Do you ensure that there are no trip hazards to general public presented by trailing cables / equipment by cordening off and displaying signs	3		0	
Do you ensure that there are no slip hazard presented from wet pathways / walkway to general public by cordon and signage	3		0	
Do you ensure that the operator has suitable footwear to prevent a slip hazard while concentrating on work.	3		0	
Do you ensure that the operator has suitable footwear to prevent a slip hazard presented from wet pathways	3		0	
Do you ensure there is no electrocution hazard from working near to power sources.	3		0	
Do you ensure that no injury to others can occur from falling objects or fabric of the building that may be dislodged.	3		0	
Do you provide hard hats for operators to prevent injury from falling objects	3		0	
Do you give consideration to the day and time of working to minimise the numbers of people who may be present.	3		0	
Do you provide hi-viz clothing.	3 27	0	0 0	

Question Make a judgement about your level of compliance against each question. Score 1 for marginal, Score 2 for mostly, score 3 for fully compliant	A Oren.	Score	/ W	Comments
Road Safety				
Are journeys to and from the workplace are subject to documented risk				
assessment.	3		0	
Are loads secure to ensure that it does not shift under normal driving				
conditions	3		0	
Is the load secure to ensure that it does not shift under emergency				
braking	3		0	
Is the load secure to ensure that it does not shift during a collision	3		0	
Do you provide suitable vehicles	3		0	
Do you provide suitable equipment	3		0	
Do you provide a means of securing the load	3		0	
Do you ensure the vehicle is not overloaded	3		0	
Do you give consideration to The payload capacity of the vehicle and the				
potential of overloading.	3		0	
Do you give consideration to Driving conditions and braking distances.	3		0	
	30	0	0	

Question Make a judgement about your level of compliance against each question. Score 1 for marginal, Score 2 for mostly, score 3 for fully compliant	Poren.	Score Score	% % % % % % % % % % % % % % % % % % %	Comments
Solder Flux				
Have staff been made aware of the dangers of solder flux fumes	3		0	
Do you ensure that there is adequate ventilation when soldering	3		0	
Do you ensure that excessive temperatures are avoided when soldering	3		0	
When soldering in confined spaces do you provide respiratory protection	3		0	
Do you provide suitable precautions to avoid skin contact	3		0	
Do you provide health surveillance for workers to check for occuaptional asthma	3		0	
Do you provide health surveillance for workers to check for dermatitus	3		0	
Do you ensure that workers know the risks from working with solder flux	3		0	
Do you provide training	3		0	
	27	0	0	

Question Make a judgement about your level of compliance against each question. Score 1 for marginal, Score 2 for mostly, score 3 for fully compliant	A Oren.	Score Score	\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\	Comments
Equipment				
When choosing equipment do you consider the duration and extent of				
work.	3		0	
When choosing equipment do you consider the height at which work has				
to be done.	3		0	
When choosing equipment do you consider the site conditions.	3		0	
If using a Mobile Elevated Work platform (MEWP) - Do you ensure that				
you follow normal guidelines for MEWPS operation	3		0	
If using a Mobile Elevated Work platform (MEWP) - Do you ensure				
consideration is given to securing equipment to the MEWP basket to				
prevent it falling if dropped	3		0	
	15	0	0	

Question Make a judgement about your level of compliance against each question. Score 1 for marginal, Score 2 for mostly, score 3 for fully compliant	Polen	Score Score	\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\	Comments
Maintenance				
Do you carry out a pre-use visual inspection – Obvious defects in				
equipment	3		0	
Do you have regular documented management inspections that takes				
into account the degree of use of equipment. In practise three monthly				
inspections are recommended.	3		0	
Do you have procedures should be in place for handling any defects				
found that would include repair or replacement.	3		0	
	9	0	0	

Question Make a judgement about your level of compliance against each question. Score 1 for marginal, Score 2 for mostly, score 3 for fully compliant	Polien.	Score	\ \\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\	Comments	
Training					
Do you instruct operators in Manual handling	3		0		
Do you instruct operators in ground conditions	3		0		
Do you instruct operators in cordoning off	3		0		
Do you instruct operators in recognising common Hazards	3		0		
Do you instruct operators in the the need for the operator to be vigilant					
with regard to the surroundings.	3		0		
Do you inform operators not to use defective equipment.	3		0		
Do you inform operators to always cordon off and/or display suitable					
warning signs when working in public areas.	3		0		
	21	0	0		

Question Make a judgement about your level of compliance against each question. Score 1 for marginal, Score 2 for mostly, score 3 for fully compliant	Poten.	Score	/% %	Comments
Ladders				
Does the ladder meet the requirments of BS EN 131	3		0	
Do you limit ladder length to 9m	3		0	
Do you ensure a pre use check is carried out daily	3		0	
Do you ensure defective ladders are not used	3		0	
Do you tie off the ladder wherever possible	3		0	
Do you ensure that you do not over-reach	3		0	
Does the ladder have anti-slip feet	3		0	
Do you ensure the ladder is at the correct angle 1:4	3		0	
Do you ensure rungs and stiles are clean and not slippery	3		0	
Do you ensure that ladders are not left unattended	3		0	
Do you use a tool belt	3		0	
Do you ensure that suitable footwear is used	3		0	
Do you ensure both stiles are in contact with the ground and upper				
resting point of the ladder	3		0	
Do you ensure that the surface the top of the ladder is resting on is				
strong enough to withstand the load	3		0	
	42	0	0	

Question Make a judgement about your level of compliance against each question. Score 1 for marginal, Score 2 for mostly, score 3 for fully compliant	Poten.	Score Score	% % % % % % % % % % % % % % % % % % %	Comments
Scaffolds				
Are scaffolds erected, altered and dismantled by competent people?	3		0	
Are all uprights provided with base plates (and, where necessary, timber				
sole plates)?	3		0	
Are all uprights, ledgers, braces and struts in position?	3		0	
Is the scaffold secured to the building or structure in enough places to				
prevent collapse?	3		0	
Are there double guard rails and toe boards, or other suitable protection,				
at every edge, to prevent falling?	3		0	
Are the working platforms fully boarded and are the boards arranged to				
avoid tipping or tripping?	3		0	
Are there effective barriers or warning notices in place to stop people				
using an incomplete scaffold, eg where working platforms are not fully				
boarded?	3		0	
Is the scaffold strong enough to carry the weight of materials stored on it				
and are these evenly distributed?	3		0	
Are scaffolds being properly maintained?	3		0	
Does a competent person inspect the scaffold regularly, eg at least once				
a week; and always after it has been altered or damaged and following				
extreme weather?	3		0	
Are the results of inspections recorded?	3		0	
Have proprietary tower scaffolds been erected and are they being used				
in accordance with suppliers' instructions?	3		0	
Have the wheels of tower scaffolds been locked when in use and are the				
platforms empty when they are moved?	3		0	
	39	0	0	

Question Make a judgement about your level of compliance against each question. Score 1 for marginal, Score 2 for mostly, score 3 for fully compliant	Polion:	Score Score	/ d	Comn	nents
Roof Work					
Is there edge protection to stop people or materials falling?	3		0		
Have you identified fragile materials such as cement sheets and roof					
lights?	3		0		
Have you taken precautions to stop people falling through fragile					
materials when working on the roof eg by providing barriers, covers or					
working platforms?	3		0		
Are people kept away from the area below the roof work? If this is not					
possible, have additional precautions been taken to stop debris falling					
onto them?	3		0		
	12	0	0		
Tools and Machinery					
Are the right tools or machinery being used for the job?	3		0		
Are tools and machinery maintained in good repair and are all safety					
devices operating correctly?	3		0		_
Are all operators trained and competent?	3		0		
	9	0	0		

Question Make a judgement about your level of compliance against each question. Score 1 for marginal, Score 2 for mostly, score 3 for fully compliant	A Oren.	Score Score	/ d	Comments
Hazardous Substances				
Have you identified all harmful substances and materials, such as asbestos, lead, solvents, paints, solder flux?	3		0	
Do you ensure the chemicals / solvents that are used are safe for the operator	3		0	
Do you ensure that the chemicals / solvents that you use do not present a risk to the environment	3		0	
Do you ensure the cleaning chemicals that are used are safe for the operator	3		0	
Do you ensure that the cleaning chemicals that you use do not present a risk to the environment	3		0	
Have you controlled exposure to hazardous substances, by doing the work in a different way, to remove the risk entirely	3		0	
Have you controlled exposure to hazardous substances, by using a less hazardous material	3		0	
Have workers had information and training so they know what the risks are from the hazardous substances used and produced on site, and what they need to do to avoid the risks?	3		0	
	24	0	0	

Question Make a judgement about your level of compliance against each question. Score 1 for marginal, Score 2 for mostly, score 3 for fully compliant	Polien.	Score	/% /%	Comments
Electricity and Other Services				
Have all necessary services been provided on site before work begins and have you also identified existing services present on site (eg electric cables or gas mains) and taken effective steps, if necessary, to prevent danger from them?	3		0	
Are you using low voltage for tools and equipment eg battery-operated tools or low voltage systems?	3		0	
Where mains voltage has to be used, are trip devices, eg residual current devices (RCDs), provided for all equipment?	3		0	
Are RCDs checked daily by users and properly maintained?	3		0	
Are cables and leads protected from damage?	3		0	
Are all connections to the system properly made and are suitable plugs used?	3		0	
Are tools and equipment checked by users, visually examined on site and regularly inspected and tested by a competent person?	3		0	
	21	0	0	

Question Make a judgement about your level of compliance against each question. Score 1 for marginal, Score 2 for mostly, score 3 for fully compliant	A Orien.	Sove Sove	/ / 4	Comments
Protecting the Public				
Is the work fenced off from the public?	3		0	
Are the public protected from falling material?	3		0	
When work has stopped for the day is the boundary secure and undamaged?	3		0	
When work has stopped for the day are all ladders removed or their rungs boarded so that they cannot be used?	3		0	
When work has stopped for the day is all plant immobilised to prevent unauthorised use?	3		0	
When work has stopped for the day are chemicals or dangerous substances locked away in secure storage places?	3		0	
	18	0	0	
Fire				
Do you ensure no flammable substances are on or near sources of heat				
or direct sunlight?	3	0	0	
Do you ensure flammable substances are correctly stored in flameproof				
cupboards (solvents, paints, etc.)?	3		0	
Do you ensure there is no potential for a flammable substance to be				
spilled onto sources of heat or electrical equipment?	3		0	
Do you obtain a suitable hot work permit where necessary	3		0	
Do you maintain a fire watch for a suitable time period after completing				
hot work	3		0	
Do you ensure flammable waste materials are not left in waste bins				
overnight?	3		0	
Do you ensure oily/ paint contaminated paper towels or rags are				
disposed of properly?	3		0	
Are fire extinguishing equipment and methods adequate (e.g. extra fire				
blankets or extinguishers)?	3		0	

Plumbing Risk Assessment



Question Make a judgement about your level of compliance against each question. Score 1 for marginal, Score 2 for mostly, score 3 for fully compliant	Polen.	Score	\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\	enomance or mance	Comm	ents
Ventilation						
Is there sufficient ventilation, natural and forced?	3		0			
Do you ensure minimum fumes get into the area being worked?						
	3		0			
Do you provide adequate respiratory personal protection if needed						
?	3		0			
	9	0	0			
Manual Handling						
Do you ensure working positions don't pose a hazard that could						
cause muscular strains, such as poor lifting positions?	3	0	0			
Do you ensure working positions don't pose a hazard that could						
cause muscular strains, such as heavy or large and awkward						
objects?	3	0	0			
Do you ensure working positions don't pose a hazard that could						
cause muscular strains, such as bad posture?	3		0			
Do you ensure working positions don't pose a hazard that could						
cause muscular strains, such as repetitive twisting or turning?						
	3		0			
	12	0	0			

Question Make a judgement about your level of compliance against each question. Score 1 for marginal, Score 2 for mostly, score 3 for fully compliant	A Outon	Score	010	enomance enomance	Comr	nents	
Hygiene							
Is toilet and hand washing facilities adequate?	3		0				
Do you issue rubber gloves to reduce contamination?	3		0				
Is the provision of barrier creams and hand cleaners adequate?							
	3		0				
	9	0	0				
Accidents and First Aid							
Are there adequate accident treatment provision?	3		0				
Do you ensure everything in the first aid boxes is within its use by date?	3		0				
Are there adequate first aid box provision?	3		0				
	9	0	0				
Slips & Trips				-			
Do you ensure good standards of housekeeping are maintained							
	3		0				
Do you ensure you minimise trip hazards when raising floorboards							
etc	3		0				
Do you post signs warning of potential dangers when raising							
floorboards etc	3		0				
Do you cordon off an area when removing flooring to gain access							
	3		0				
	12	0	0				

Health & Safety Plan

Part 1 - Project Details				
Project co-ordinator				
Site				
Dept				
Work Site Address				
Phone number				
Description of works:				
Programme of works:	Start date:			

	Part 2 - Existing Environment
Are any of	he following applicable to the works - if yes enter brief detail in space provided or N/A
2.1	What happens / what activity occurs at the worksite? E.g. manufacturing, office, building site, etc.
details:	
2.2	Underground hazards - are there any utility services in vicinity such as electricity, gas, water, BT, CTV, etc.
details:	
2.3	Overhead hazards - is there any working overhead, overhead moving plant, overhead lines, limited headroom, etc.
details:	
2.4	Access/egress restrictions - are there any procedural (security) or physical access problems during the works?
details:	
2.5	Existing structure - will work be affected by fragile roof, asbestos, demolition work, stability of structures, etc?
details:	
2.6	Existing ground conditions - will work be affected by land contamination, water table, ground stability, etc.
details:	
2.7	Environmental Management - are there any noise sensitive areas, is spillage or waste management needed, etc.
details:	

	Part 3 - Site wide elements
Are any of t	he following applicable to the works - if yes enter brief detail in space provided or N/A
3.1	Is any special clothing or specialist PPE needed to carry out the works?
Details:	Waterproof suit, Full face protection, Rubber Gloves and Boots
3.2	Are any special skills training or site safety induction training needed prior to working?
Details:	
3.3	Are there any special traffic or pedestrian routes or, any 'no-go' or restricted areas at site?
Details:	
3.4	Are there any site specific arrangements for unloading and storage of materials and equipment?
Details:	
3.5	Arrangements for welfare facilities at the work site e.g. toilet, washing, shelter, eat/drink, etc?
Details:	
3.6	Are there any special site rules : e.g. permit to work system, site reporting procedures, etc.?
Details	
3.7	Work off the ground: detail working height & safe work method - scaffold, MEWP, harness, steps
Details:	
3.8	Who will be supplying the plant, equipment, access equipment & scaffold as required to work?
Details:	
3.9	Arrangements for Emergencies e.g. A&E hospital, first aiders, fire, major incident management, etc.
Details:	

	Part 4 - Project liaison & communication.
If yes to ar	ny point - indicate brief details in space below or N/A
4.1	Project review meeting - where are they held? how often are they held?, who should attend?, etc.
Details	
4.2	Arrangements to review and vet method statements and risk assessments for work tasks
Details:	
4.3	Arrangements to allow work of other specialist contractors to be safely integrated on the project
Details:	

Method Statement

Introduction

0

Any working operation, which an employee or contractor carry out will meet all the legal requirements.

Work area may on agreement be fenced, roped or taped and have no admittance notices displayed.

Adequate supervision of the workforce will be provided at all times.

All staff will be suitably and sufficiently trained for the task they are to perform. Whilst the depth of knowledge is dependent on the task the worker is to undertake, the areas of knowledge are the same:

- 1. Adequate knowledge of chemicals used to appreciate the dangers at the level that the worker will be exposed
- 2. Adequate knowledge of the equipment to be used
- 3. Adequate understanding of the procedures and methods which they will be using, including where necessary, practical experience
- 4. An appreciation of the hazards that may arise in the normal function of their task and what precautions are put in place to control the risk including appreciating their limitations and when they should report a problem
- 5. Sufficient information to enable them to recognise if the equipment or system they are, or are about to, work with or on is safe enough to permit the work to continue

A permit to work must be obtained from a suitable authority for:

Work near electrical installations
Hot Work
Working at heights
Confined space
Working on the roof
And any other work deemed hazardous.

Materials Used

Enter a list of materials being used in the project

A Coshh Data sheet for all chemicals used is attached.

Equipment

Method

Enter a brief description of the actual method to be used and the order it will be done

The main hazards to your safety and health are;

- a) Injury from slips trips and falls.
- b) Injury from Manual Handling
- c) III health from breathing solder fumes
- d) Injury to other contractors during works.
- e) Injury from machine and tool hazards
- f) Fire from hot work

Main Preventative Measures you must take;

- a) You must be "competent" to carry out the task. appropriate
- c) Fire extinguishers will be on hand during hot work
- d) Protective heat shields must be used
- e) Visitors and other members of staff are prohibited from entry unless accompanied by competent person, all visitors issued with personal protective equipment
- f) You must read and be familiar with the COSHH Safety Data Sheets for solder
- g) You must follow all directions given by the project manager or his agents

Personal Protective Equipment you must wear;

- a) Hard Hats
- b) Hi Visibility Vests
- c) Dust Masks
- d) Safety Glasses
- e) Overalls
- f) Gloves
- g) Safety boots

Environmental Protection Measures you must take;

a) You must dispose of waste and spoil to the designated area or skip provided for waste.

Security

Prior to starting on site all employees will obtain permission to access the site.

A list of staff working on site will be notified each day.

Normal working hours would be 08:00 to 18:00 hours

Delivery

Delivery of product, material or services will be direct to site in vehicles appropriate to the access available.

Deliveries will be as per time slot allocated.

Unloading

All personnel will ensure they adhere to the procedures set out in the Health & safety plan for Manual Handling and be wearing the required PPE before commencing work.

The product or materials will be moved using skates, trolleys or other appropriate devices. It may be necessary to carry if no other means are available.

Tools and Equipment

All equipment or tools brought on to premises will be of sound construction and will meet the statutory requirements applicable to these tools or equipment.

An employee can not use any other tools but their own including machinery or equipment, unless authorised to do so.

Employees are prohibited from using contractor tools, machinery or equipment.

All lifting equipment will carry a current certification, which will be available for inspection

All portable electrical equipment will comply with Company standards and conform to the 1989 Electricity at Work Regulations.

All ladders used will be of type 1 or 2 and not domestic ladders. Ladders will be in a safe condition and are used in accordance with company standards.

Fire

All Company staff have been advised of the fire evacuation procedure, and of the assembly points they are report to in the event of a fire.

"No Smoking" policy will be in force at all times by Company staff.

Staff will be made aware of the location of fire extinguishers.

COSHH

The Company will not introduce any hazardous substance without the prior approval of the Health and Safety Department onto premises.

Solder Flux

Solder flux fumes are potentially dangerous all staff must read and understand the safety data sheet regarding solder flux. (HSE Publication INDG248 Solder Fume and You). It is the responsibility of the site foreman to ensure adequate ventilation where soldering is

Noise

The Company will control noise levels of any activities carried out on site and must not expose anyone, to noise levels above 85dB(A).

Accidents

All accidents will be reported to managing site authority. An accident means any injury to personnel, damage to property, or event, which may have led to such an occurrence.

The company may wish to investigate all accidents that occur and expect the co-operation of the managing site authority and his employees in ascertaining the true cause in an effort to prevent a similar accident.

Accidents and dangerous occurrences must be reported in accordance with Report of Injury, Disease or Dangerous Occurrences Regulations 1995.

First Aid

In the event of an accident First Aid is available.

Work Instructions

Preparation

Report to site office and inform site manager of arrival, collect permit to work Attend any induction as required by the principle contractor or building manager Put on your personal protective equipment Cordon / barrier off work area or erect signs if required to do so.

Ensure the area to be worked and exit points are clear of obstruction and that safe access and egress is maintained.

Check any electrical or hand tools for damage or faults prior to use. Faulty or damaged tools must be removed from service immediately.

Do not leave tools and equipment unattended at any time.

Ensure area is left clean and safe at end of the working day

Maintenance/repair work

Liaise with other contractors and site manager to isolate water supplies

Isolate Hot & cold water supplies as necessary

Drain down the water system as necessary

Where plastic pipes are connected with solvents, staff will follow the product manufacturers instructions

Where solder work has to be carried out, obtain the appropriate hot work permit from the site manager

Ensure the correct type of fire extinguisher is available during hot work

Protect surrounding area with heat shields

Ensure adequate ventilation

Upon completion of work liaise with facilities manager to turn water supplies back

Carry out further checks for water tightness and quality of finish

Chlorinate the system if required and check for successful completion

Request site manager to inspect works

Issue certificate of completion to site manager

Maintain fire watch for 2 – 4 hours where hot work has been carried out

Report to site office and sign off permit to work	
Signed:	
Date:	