#### Instructions for the Use of the Excel Spreadsheet

# There are Four tabs at the bottom of this worksheet



Instructions tab is the one you are reading

#### **Title Tab**

The Title Tab is the front cover pages of the Risk Assessment Simply insert your Company Name, Date and Assessor name where indicated Print the front cover once you have completed your Audit Do not enter any data other than Company name, Date and Assessor - the data will copy from the risk assessment details

#### **Audit Details Tab**

Read each section and answer the questions Enter Data ONLY in the white coloured boxes for each question Enter a score for each question as indicated If the question is not aplicable score it as max potential score Enter comments in the comments box

#### **H&S Plan Tab**

Fill in the relevant boxes in answer to the questions posed

#### **Method Statement Tab**

A generic method statement is included

The items highlighted in blue are where you can insert details of Materials, Equipment and Method

This sheet is completely unprotected so that you can edit it for your own particular project

Once complete simply print off both the H&S Plan, Title, Risk Assessment & Method statement pages

Note you may need to change your printer settings

You have now completed your Health & Safety Plan & Risk Assessment

# Health & Safety Plastering Risk Assessment

Date	
Company Name	
Assessor	

Performance Acceptable - no action required
Performance marginal - ongoing action required
Performance not acceptable - urgent action required



**General Hazards** 

**Road Safety** 

**Equipment** 

Maintenance

**Training** 

Ladders

**Scaffolds** 

**Roof Work** 

**Tools and Machinery** 

**Hazardous Substances** 

**Electricity and Other Services** 

**Protecting the Public** 

Fire

Ventilation

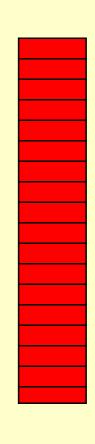
**Manual Handling** 

Hygiene

**Accidents and First Aid** 

Slips & Trips

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Question Make a judgement about your level of compliance against each question. Score 1 for marginal, Score 2 for mostly, score 3 for fully compliant	Polen.	Score Score	/ do	Comments
General Hazards				
Do you ensure that there are no trip hazards to general public presented by trailing cables / equipment by cordening off and displaying signs	3		0	
Do you ensure that there are no slip hazard presented from wet pathways / walkway to general public by cordon and signage	3		0	
Do you ensure that the operator has suitable footwear to prevent a slip hazard while concentrating on work.	3		0	
Do you ensure that the operator has suitable footwear to prevent a slip hazard presented from wet pathways	3		0	
Do you ensure there is no electrocution hazard from working near to power sources.	3		0	
Do you ensure that no injury to others can occur from falling objects or fabric of the building that may be dislodged.	3		0	
Do you provide hard hats for operators to prevent injury from falling objects	3		0	
Do you give consideration to the day and time of working to minimise the numbers of people who may be present.	3		0	
Do you provide hi-viz clothing.	3 <b>27</b>	0	0 <b>0</b>	

Question Make a judgement about your level of compliance against each question. Score 1 for marginal, Score 2 for mostly, score 3 for fully compliant	A Oren.	Score Score	/ d%	Comments
Road Safety				
Are journeys to and from the workplace are subject to documented risk assessment.	3		0	
Are loads secure to ensure that it does not shift under normal driving	3		U	
conditions	3		0	
Is the load secure to ensure that it does not shift under emergency braking	3		0	
Is the load secure to ensure that it does not shift during a collision	3		0	
Do you provide suitable vehicles	3		0	
Do you provide suitable equipment	3		0	
Do you provide a means of securing the load  Do you ensure the vehicle is not overloaded	3		0	
Do you give consideration to The payload capacity of the vehicle and the	3		0	
potential of overloading.	3		0	
Do you give consideration to Driving conditions and braking distances.	3		0	
	30	0	0	

Question Make a judgement about your level of compliance against each question. Score 1 for marginal, Score 2 for mostly, score 3 for fully compliant	A Oren.	Score	% % % % % % % % % % % % % % % % % % %	Comments
Equipment				
When choosing equipment do you consider the duration and extent of				
work.	3		0	
When choosing equipment do you consider the height at which work has				
to be done.	3		0	
When choosing equipment do you consider the site conditions.	3		0	
If using a Mobile Elevated Work platform (MEWP) - Do you ensure that				
you follow normal guidelines for MEWPS operation	3		0	
If using a Mobile Elevated Work platform (MEWP) - Do you ensure				
consideration is given to securing equipment to the MEWP basket to				
prevent it falling if dropped	3		0	
	15	0	0	

Question Make a judgement about your level of compliance against each question. Score 1 for marginal, Score 2 for mostly, score 3 for fully compliant	Polen	Score Score	\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\	Comments
Maintenance				
Do you carry out a pre-use visual inspection – Obvious defects in				
equipment	3		0	
Do you have regular documented management inspections that takes				
into account the degree of use of equipment. In practise three monthly				
inspections are recommended.	3		0	
Do you have procedures should be in place for handling any defects				
found that would include repair or replacement.	3		0	
	9	0	0	

Question Make a judgement about your level of compliance against each question. Score 1 for marginal, Score 2 for mostly, score 3 for fully compliant	o o o	Score	/ d/	erformance erformance	Commer	nts
Training						
Do you instruct operators in Manual handling	3		0			
Do you instruct operators in ground conditions	3		0			
Do you instruct operators in cordoning off	3		0			
Do you instruct operators in recognising common Hazards	3		0			
Do you instruct operators in the the need for the operator to be vigilant						
with regard to the surroundings.	3		0			
Do you inform operators not to use defective equipment.	3		0			
Do you inform operators to always cordon off and/or display suitable						
warning signs when working in public areas.	3		0			
	21	0	0			

Question Make a judgement about your level of compliance against each question. Score 1 for marginal, Score 2 for mostly, score 3 for fully compliant	Doyou.	Score	/ d%	Comments
Ladders				
Does the ladder meet the requirments of BS EN 131	3		0	
Do you limit ladder length to 9m	3		0	
Do you ensure a pre use check is carried out daily	3		0	
Do you ensure defective ladders are not used	3		0	
Do you tie off the ladder wherever possible	3		0	
Do you ensure that you do not over-reach	3		0	
Does the ladder have anti-slip feet	3		0	
Do you ensure the ladder is at the correct angle 1:4	3		0	
Do you ensure rungs and stiles are clean and not slippery	3		0	
Do you ensure that ladders are not left unattended	3		0	
Do you use a tool belt	3		0	
Do you ensure that suitable footwear is used	3		0	
Do you ensure both stiles are in contact with the ground and upper				
resting point of the ladder	3		0	
Do you ensure that the surface the top of the ladder is resting on is				
strong enough to withstand the load	3		0	
	42	0	0	

Question Make a judgement about your level of compliance against each question. Score 1 for marginal, Score 2 for mostly, score 3 for fully compliant	Polen.	Score Score	/% %	enormance enormance	Com	nents	
Scaffolds							
Are scaffolds erected, altered and dismantled by competent people?	3		0				
Are all uprights provided with base plates (and, where necessary, timber							
sole plates)?	3		0				
Are all uprights, ledgers, braces and struts in position?	3		0				
Is the scaffold secured to the building or structure in enough places to							
prevent collapse?	3		0				
Are there double guard rails and toe boards, or other suitable protection,							
at every edge, to prevent falling?	3		0				
Are the working platforms fully boarded and are the boards arranged to							
avoid tipping or tripping?	3		0				
Are there effective barriers or warning notices in place to stop people							
using an incomplete scaffold, eg where working platforms are not fully							
boarded?	3		0				
Is the scaffold strong enough to carry the weight of materials stored on it							
and are these evenly distributed?	3		0				
Are scaffolds being properly maintained?	3		0				
Does a competent person inspect the scaffold regularly, eg at least once							
a week; and always after it has been altered or damaged and following							
extreme weather?	3		0				
Are the results of inspections recorded?	3		0				
Have proprietary tower scaffolds been erected and are they being used							
in accordance with suppliers' instructions?	3		0				
Have the wheels of tower scaffolds been locked when in use and are the							
platforms empty when they are moved?	3		0				
	39	0	0				

Question Make a judgement about your level of compliance against each question. Score 1 for marginal, Score 2 for mostly, score 3 for fully compliant	Doyou.	Score Score	\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\	erformance	Comments	
Roof Work						
Is there edge protection to stop people or materials falling?	3		0			
Have you identified fragile materials such as cement sheets and roof lights?	3		0			
Have you taken precautions to stop people falling through fragile						
materials when working on the roof eg by providing barriers, covers or						
working platforms?	3		0			
Are people kept away from the area below the roof work? If this is not						
possible, have additional precautions been taken to stop debris falling						
onto them?	3		0			
	12	0	0			
Tools and Machinery						
Are the right tools or machinery being used for the job?	3		0			
Are tools and machinery maintained in good repair and are all safety						
devices operating correctly?	3		0			
Are all operators trained and competent?	3		0			
	9	0	0			

Question Make a judgement about your level of compliance against each question. Score 1 for marginal, Score 2 for mostly, score 3 for fully compliant	Polen	Score Score	% %	enormance Stormance	Com	ments	
Hazardous Substances							
Have you identified all harmful substances and materials, such as asbestos, lead, solvents, paints?	3		0				
Do you ensure the chemicals / solvents that are used are safe for the operator	3		0				
Do you ensure that the chemicals / solvents that you use do not present a risk to the environment	3		0				
Do you ensure the cleaning chemicals that are used are safe for the operator	3		0				
Do you ensure that the cleaning chemicals that you use do not present a risk to the environment	3		0				
Have you controlled exposure to hazardous substances, by doing the work in a different way, to remove the risk entirely	3		0				
Have you controlled exposure to hazardous substances, by using a less hazardous material	3		0				
Do you ensure that the work area is well ventillated when mixing plaster materials	3		0				
Do you provide suitable repiratory protection against dust	3		0				
Have workers had information and training so they know what the risks are from the hazardous substances used and produced on site, and what they need to do to avoid the risks?	3		0				
	30	0	0				

Question Make a judgement about your level of compliance against each question. Score 1 for marginal, Score 2 for mostly, score 3 for fully compliant	A Oren.	Score	/%	Comments
Electricity and Other Services				
Have all necessary services been provided on site before work begins and have you also identified existing services present on site (eg electric cables or gas mains) and taken effective steps, if necessary, to prevent danger from them?	3		0	
Are you using low voltage for tools and equipment eg battery-operated tools or low voltage systems?	3		0	
Where mains voltage has to be used, are trip devices, eg residual current devices (RCDs), provided for all equipment?	3		0	
Are RCDs checked daily by users and properly maintained?	3		0	
Are cables and leads protected from damage?	3		0	
Are all connections to the system properly made and are suitable plugs used?	3		0	
Are tools and equipment checked by users, visually examined on site and regularly inspected and tested by a competent person?	3		0	
	21	0	0	

Question Make a judgement about your level of compliance against each question. Score 1 for marginal, Score 2 for mostly, score 3 for fully compliant	A Oren.	Score Score	/ d	enormance enormance	Comn	nents	
Protecting the Public							
Is the work fenced off from the public?	3		0				
Are the public protected from falling material?	3		0				
When work has stopped for the day is the boundary secure and undamaged?	3		0				
When work has stopped for the day are all ladders removed or their rungs boarded so that they cannot be used?	3		0				
When work has stopped for the day is all plant immobilised to prevent unauthorised use?	3		0				
When work has stopped for the day are chemicals or dangerous substances locked away in secure storage places?	3		0				
	18	0	0				
Fire							
Do you ensure no flammable substances are on or near sources of heat or direct sunlight?	3	0	0				
Do you ensure flammable substances are correctly stored in flameproof cupboards (solvents, paints, etc.)?	3		0				
Do you ensure there is no potential for a flammable substance to be spilled onto sources of heat or electrical equipment?	3		0				
Do you ensure flammable waste materials are not left in waste bins overnight?	3		0				
Do you ensure oily/ paint contaminated paper towels or rags are disposed of properly?	3		0				
Are fire extinguishing equipment and methods adequate (e.g. extra fire blankets or extinguishers)?	3		0				
	18	0	0				

Question Make a judgement about your level of compliance against each question. Score 1 for marginal, Score 2 for mostly, score 3 for fully compliant	Polen.	Score	/ d'%	erformance or mance	Comm	ents
Ventilation						
Is there sufficient ventilation, natural and forced?	3		0			
Do you ensure minimum fumes or dust get into the area being						
worked?	3		0			
Do you provide adequate respiratory personal protection if needed						
?	3		0			
	9	0	0			
Manual Handling						
Do you ensure working positions don't pose a hazard that could						
cause muscular strains, such as poor lifting positions?	3	0	0			
Do you ensure working positions don't pose a hazard that could						
cause muscular strains, such as heavy or large and awkward						
objects?	3	0	0			
Do you ensure working positions don't pose a hazard that could						
cause muscular strains, such as bad posture?	3		0			
Do you ensure working positions don't pose a hazard that could						
cause muscular strains, such as repetitive twisting or turning?						
	3		0			
	12	0	0			

Question Make a judgement about your level of compliance against each question. Score 1 for marginal, Score 2 for mostly, score 3 for fully compliant	A Orien.	Score	\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\	or mance	Com	ments	
Hygiene							
Is toilet and hand washing facilities adequate?	3		0				
Do you issue rubber gloves to reduce contamination?	3		0				
Is the provision of barrier creams and hand cleaners adequate?	3		0				
	9	0	0				
Accidents and First Aid							
Are there adequate accident treatment provision?	3		0				
Do you ensure everything in the first aid boxes is within its use by date?	3		0				
Are there adequate first aid box provision?	3		0				
	9	0	0				
Slips & Trips							
Do you ensure good standards of housekeeping are maintained							
	3		0				
Do you ensure you minimise trip and slip hazards within the work							
area etc	3		0				
Do you post signs warning of potential dangers when plastering etc							
	3		0				
	9	0	0				

# Health & Safety Plan

Part 1 - Project Details							
Project co-ordinator							
Site							
Dept							
Work Site Address							
Phone number							
Description of works:							
Programme of works:	Start date:						

	Part 2 - Existing Environment
Are any of	he following applicable to the works - if yes enter brief detail in space provided or N/A
2.1	What happens / what activity occurs at the worksite? E.g. manufacturing, office, building site, etc.
details:	
2.2	Underground hazards - are there any utility services in vicinity such as electricity, gas, water, BT, CTV, etc.
details:	
2.3	Overhead hazards - is there any working overhead, overhead moving plant, overhead lines, limited headroom, etc.
details:	
2.4	Access/egress restrictions - are there any procedural (security) or physical access problems during the works?
details:	
2.5	Existing structure - will work be affected by fragile roof, asbestos, demolition work, stability of structures, etc?
details:	
2.6	Existing ground conditions - will work be affected by land contamination, water table, ground stability, etc.
details:	
2.7	Environmental Management - are there any noise sensitive areas, is spillage or waste management needed, etc.
details:	

	Part 3 - Site wide elements
Are any of t	he following applicable to the works - if yes enter brief detail in space provided or N/A
3.1	Is any special clothing or specialist PPE needed to carry out the works?
Details:	
3.2	Are any special skills training or site safety induction training needed prior to working?
Details:	
3.3	Are there any special traffic or pedestrian routes or, any 'no-go' or restricted areas at site?
Details:	
3.4	Are there any site specific arrangements for <b>unloading</b> and <b>storage</b> of materials and equipment?
Details:	
3.5	Arrangements for welfare facilities at the work site e.g. toilet, washing, shelter, eat/drink, etc?
Details:	
3.6	Are there any <b>special site rules</b> : e.g. permit to work system, site reporting procedures, etc.?
Details	
3.7	Work off the ground: detail working height & safe work method - scaffold, MEWP, harness, steps
<b>Details:</b>	
3.8	Who will be supplying the plant, equipment, access equipment & scaffold as required to work?
<b>Details:</b>	
3.9	Arrangements for Emergencies e.g. A&E hospital, first aiders, fire, major incident management, etc.
<b>Details:</b>	

	Part 4 - Project liaison & communication.								
If yes to ar	ny point - indicate brief details in space below or N/A								
4.1	<b>Project review meeting -</b> where are they held? how often are they held?, who should attend?, etc.								
Details									
4.2	Arrangements to review and vet method statements and risk assessments for work tasks								
<b>Details:</b>									
4.3	Arrangements to allow work of other specialist contractors to be safely integrated on the project								
<b>Details:</b>									

# **Method Statement**

#### Introduction

0

Any working operation, which an employee or contractor carry out will meet all the legal requirements.

Work area may on agreement be fenced, roped or taped and have no admittance notices displayed.

Adequate supervision of the workforce will be provided at all times.

All staff will be suitably and sufficiently trained for the task they are to perform. Whilst the depth of knowledge is dependent on the task the worker is to undertake, the areas of knowledge are the same:

- 1. Adequate knowledge of chemicals used to appreciate the dangers at the level that the worker will be exposed
- 2. Adequate knowledge of the equipment to be used
- 3. Adequate understanding of the procedures and methods which they will be using, including where necessary, practical experience
- 4. An appreciation of the hazards that may arise in the normal function of their task and what precautions are put in place to control the risk including appreciating their limitations and when they should report a problem
- 5. Sufficient information to enable them to recognise if the equipment or system they are, or are about to, work with or on is safe enough to permit the work to continue

A permit to work must be obtained from a suitable authority for:

Work near electrical installations
Hot Work
Working at heights
Confined space
Working on the roof
And any other work deemed hazardous.

### **Materials Used**

Enter a list of materials being used in the project

A Coshh Data sheet for all chemicals used is attached.

# **Equipment**

Enter a list of Equipment to be used on the project

#### Method

Enter a brief description of the actual method to be used and the order it will be done

#### The main hazards

- a) Falls from height
- b) Contact with electricity.
- c) Injury from incorrect Manual handling.
- d) Skin and eye irritation from plaster dust
- e) Respiratory tract irritation from inhaling plaster dust
- f) Injury from slips trips and falls.
- g) Lone working.
- h) Injury to other staff or members of the public.

# **Preventative Measures**

- a) You must be "competent" to carry out the task.
- b) You must use residual current devices with electrical equipment.
- c) Warning signs must be placed around the work area.
- d) You must not lift beyond your capabilities, get help if necessary.
- e) You must follow all directions given by the site foreman or his agents
- f) You must have suitable respiratory protection

#### **Personal Protective Equipment**

- a) Dust masks to BSEN 149 Class FFP1
- b) Eye protection to BSEN 166
- c) Safety boots
- d) Protective Overall.
- e) Protective Neoprene or PVC Gloves.

#### **Environmental Protection Measures**

a) You must dispose of waste to the designated area provided for waste.

# **Equipment Required**;

- a) Warning signs.
- b) Residual Circuit Breaker.
- c) Mixing tools
- d) Application tools

# Security

Prior to starting on site all employees will obtain permission to access the site.

A list of staff working on site will be notified each day.

Normal working hours would be 08:00 to 18:00 hours

# **Delivery**

Delivery of product, material or services will be direct to site in vehicles appropriate to the access available.

Deliveries will be as per time slot allocated.

# **Unloading**

All personnel will ensure they adhere to the procedures set out in the Health & safety plan for Manual Handling and be wearing the required PPE before commencing work.

The product or materials will be moved using skates, trolleys or other appropriate devices. It may be necessary to carry if no other means are available.

# **Tools and Equipment**

All equipment or tools brought on to premises will be of sound construction and will meet the statutory requirements applicable to these tools or equipment.

An employee can not use any other tools but their own including machinery or equipment, unless authorised to do so.

Employees are prohibited from using contractor tools, machinery or equipment.

All lifting equipment will carry a current certification, which will be available for inspection

All portable electrical equipment will comply with Company standards and conform to the 1989 Electricity at Work Regulations.

All ladders used will be of type 1 or 2 and not domestic ladders. Ladders will be in a safe condition and are used in accordance with company standards.

#### **Fire**

All Company staff have been advised of the fire evacuation procedure, and of the assembly points they are report to in the event of a fire.

"No Smoking" policy will be in force at all times by Company staff.

Staff will be made aware of the location of fire extinguishers.

#### COSHH

The Company will not introduce any hazardous substance without the prior approval of the Health and Safety Department onto premises.

# **Noise**

The Company will control noise levels of any activities carried out on site and must not expose anyone, to noise levels above 85dB(A).

#### **Accidents**

All accidents will be reported to managing site authority. An accident means any injury to personnel, damage to property, or event, which may have led to such an occurrence.

The company may wish to investigate all accidents that occur and expect the co-operation of the managing site authority and his employees in ascertaining the true cause in an effort to prevent a similar accident.

Accidents and dangerous occurrences must be reported in accordance with Report of Injury, Disease or Dangerous Occurrences Regulations 1995.

#### First Aid

In the event of an accident First Aid is available.

# **Work Instructions**

#### General

Inform the main contractor of start of works.

Ensure the area to be worked has been clearly signed and marked out with warning tape; if necessary erect physical barriers to prevent unauthorised access.

Put on your personal protective equipment.

Prepare the area to be plastered removing any loose material, ensure the surface to be plastered is clean.

If necessary apply PVA bonding coat and allow to dry

Ensure that you follow good manual handling techniques for all material especially heavy material such as 25kg plaster bags.

Ensure the RCD is in the socket before connecting any electrical device.

Mix hand trowelled gypsum by hand or mechanical paddle using a clean container, ensure all material is mixed thoroughly.

Ensure that dust is kept to a minimum during mixing and that mixing is carried out in a well ventilated area.

Apply the plaster to the designated areas.

If working from step ladders follow the working at height procedure.

Apply any finish coats following the procedures defined above.

Keep the work area clean and tidy at all times, remove rubbish and debris as it accumulates

# **Care of equipment**

Ensure	all	equipment	is	cleaned	at	the	end	of	work.	Do	not	leave	tools	and	equipment
unattan	لممل														

unattended.		
Signed:		
Date:		